



LIFTON PRIMARY SCHOOL

Statement of Intent for Physical Education

Intent

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

At Lifton Community Primary School, our physical education curriculum encourages all pupils to participate, succeed and excel, in competitive sport and physical activities. We provide pupils with opportunities to become physically confident in a way that promotes leading a healthy, active lifestyle. Pupils will receive opportunities to compete in physical activities with the intent to build their confidence and develop the core values of respect and fairness within sport and physical education.

Implementation.

All pupils from Reception to year 6 are taught two lessons of PE per week by both teaching staff and sports coaches. At Lifton Community Primary School, we use the Arena planning framework to make sure that a broad and balanced curriculum is being covered in

P.E. All lessons are differentiated so that all pupils of all abilities can take part in every lesson. To ensure that the whole of the PE curriculum is being delivered, a progression map is used to ensure that pupils are learning a variety of sports skills as they progress through the year groups. Our PE curriculum is further enhanced by participation in numerous sporting festivals, competitions and tournaments with other schools in the area. This allows our pupils to develop their skills as well as promoting healthy active lifestyles. We also run active after school clubs to provide our pupils with opportunities to develop a love for physical activity. We also have active lunchtimes where pupils from both key stages take part in a weekly sports club and have access to a range of sports equipment daily.

EYFS

As part of the EYFS statutory framework pupils are taught:

Physical development - this involves providing opportunities for young children to be active and interactive; and to develop their coordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children are encouraged to develop good control and coordination in large and small movements. They should be able to move confidently in a range of ways, safely negotiating space. They should be able to handle equipment and tools effectively.

Health and self-care: children are encouraged to know the importance for good health from physical exercise, and a healthy diet, and to talk about ways to keep healthy and safe.

Key stage 1

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key stage 2

Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team

- compare their performances with previous performances and demonstrate improvement to achieve their personal best.

Impact

By the end of Key stage 2 we aim for all pupils at Lifton Primary School to lead healthy, active lifestyles. Pupils should leave our school enjoying physical activity and/ or sport and seek additional extra- curricular activities. Pupils will be inspired to use the core understanding, skills and knowledge acquired within PE in their future education and physical activity.