

# Lifton Community Primary School

## Relationships and Sex Education (RSE) Policy

**Date of policy:** Autumn 2019

**Review Date:** Autumn 2021

**Parties involved in the policy's development and consultation**

RSE leader

Headteacher and Assistant Headteacher

Governing body

The policy reflects the DfE 2000 SRE guidance and guidance from the PSHE Association, the Sex Education Forum and the local authority.

All school personnel, parents and carers have been made aware of this policy. Hard copies will also be available at the school office.

### **Definition of RSE:**

RSE is learning accurate and age-appropriate skills, attitudes and knowledge about the body, reproduction, sex and sexual health. RSE also gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline. Some aspects are taught in science, and others are taught as part of personal, social, health and economic education (PSCHE).

### **Aims and Outcomes of RSE in the curriculum:**

The overall aim of RSE is to foster a positive notion of lifelong learning about physical, moral and emotional development, including how to look after physical and mental health. It aims to support the development of self-respect and empathy for others and promotes the development of skills and understanding necessary to manage conflict peaceably and learn how to recognise and avoid exploitation and abuse.

### **RSE provides opportunities for pupils to:**

- better understand the nature of human relationships
- learn about relationships, the importance of communication and assertiveness skills including the importance of values such as respect (for self and others), equality, responsibility, care and compassion
- reflect upon the importance of stable and loving relationships for family life, including the bringing up of children, this also includes marriage and civil partnerships
- consider and understand the changes that occur to their bodies, minds and emotions as a consequence of growth from childhood to adulthood
- reflect upon how to make good, informed and safe choices concerning relationships and healthy lifestyles.

## **Morals, Values, Equalities and Safeguarding**

The RSE programme at Lifton School reflects our ethos, and demonstrates and promotes the following:

- Learn the value of respect, care and love
- Valuing family life within stable, loving and acceptance of same sex unions as also offering stable, loving and committed relationships to nurture children
- Respect for self and others
- Respect for rights and responsibilities within relationships
- Appreciate that different, successful family structures exist
- Understanding diversity regarding religion, gender, culture and sexual orientation
- Importance of striving to reduce intolerance and discrimination based on sexual orientation, disability, ethnicity, religion and gender
- Acceptance of difference and diversity
- Promote gender equality and equality in relationships
- Challenge gender stereotypes and inequality
- Develop spiritual, moral, social and cultural awareness in line with the 2010 Equality Act and the schools' safeguarding and child protection protocols.

## **Content of the Schools' RSE Programme**

Appendices to this policy provide further information about the learning outcomes programme and resources for each year group. (*see appendix 1 PSCHÉ Curriculum overview*).

## **How Relationships and Sex Education is organised in the curriculum.**

RSE is not delivered in isolation, but firmly embedded in all curriculum areas including Personal, Social, Citizenship, Health and Economic education (PSCHÉ) and Science. At Lifton School, the main RSE content is delivered as part of a wider topic to provide a context for learning. Many aspects of RSE are taught throughout the year, whilst some specific age-related aspects are delivered at a pre-planned point during the year in order that parents are informed and can be involved in supporting their child.

- RSE is normally delivered by class teachers in mixed gender groups other than when it is deemed more appropriate for topics to be covered in single sex groups
- PSCHÉ Ground Rules are used in all PSCHÉ and RSE lessons
- Pupils are able to ask anonymous questions by writing a note for the class worry box.
- Resources used are flexible in order to meet the needs of the pupils and curriculum. In Year 6 a selection of these from the previous year can be viewed by parents.
- Correct scientific vocabulary will be used throughout the RSE and PSCHÉ curriculum
- RSE is delivered through a varied range of activities, which promote dialogue and understanding. These include: Circle time, active teaching and learning, role play/scenarios, card sorting and discussions

- External agencies can be invited to support the delivery of RSE. These include: the school nurse and the police
- External agencies and Visitors are informed to understand the school's RSE policy and safeguarding policy and work within these documents
- All input to RSE lessons is part of a planned programme and negotiated and agreed with staff in advance
- All visitors are supervised/supported by a member of staff at all times.
- The input of visitors is monitored and evaluated by staff. This evaluation informs future planning

### **Parental involvement**

The school is committed to working with parents and believes that it is important to have the support of parents and the wider community for the PSCHE and RSE programme. Parents are provided with the opportunity to find out about and discuss the school's programme through the year groups' RSE curriculum meetings, parents' evening, in policy development, the school website and prospectus, displays and an open-door policy.

To promote effective communication and discussion between parents and their children we notify parents through information evenings, termly curriculum letters and the school website about when particular aspects of RSE will be taught. We also encourage an open-door policy to help ensure that parents can discuss issues with the school staff in a positive, sensitive and proactive manner.

### **Parental rights to withdraw their children**

Parents are also informed that the RSE curriculum is an essential vehicle in supporting a school's statutory duty to:

- safeguard and promote the welfare of their children
- advance the 2010 Equality Act
- encourage the spiritual, moral, social and cultural development of pupils
- foster British values, and prepare children and young people for the challenges, opportunities and responsibilities of adult life, along with the coverage of the National Curriculum for Science

Those parents/carers wishing to exercise the right to withdraw their child from part or all of the Sex Education delivered as part of statutory RSE are invited in to see the teacher and/or RSE Co-ordinator who will explore any concerns and discuss any impact that withdrawal may have on the child. Once a child has been withdrawn they cannot take part in the Sex Education programme until the request for withdrawal has been removed. It is then the responsibility of the parents/carers to deliver the content of the SE to their child as they see fit. Parents may not withdraw their child from Relationships or Health Education. Information and support materials are available for parents/carers to use and are offered by the staff. Pupils who are withdrawn from Sex

Education continue with individual learning tasks for other curriculum areas, which are carried out in another classroom.

If a conversation arises about sexual health issues in a non-RSE lesson with pupils present who have been withdrawn from RSE lessons, the teacher must stop the conversation and ask that the issues be discussed at an appropriate time. The teacher must, as soon as possible, find an appropriate time to continue the conversation with pupils when the withdrawn child is not present.

### **Pupil Involvement**

We involve pupils in the development of the RSE curriculum through the Teaching and Learning approach, which promotes dialogue about feedback and learning, enabling teachers to monitor pupils' views. The RSE leader interviews random groups of pupils across the school as part of the monitoring and evaluation process. Pupil conferencing encourages pupils to ask questions during the sessions about their views on well-being and learning.

### **How the school responds to specific issues related to Relationships and Sex Education**

#### **Answering Difficult Questions**

Staff are aware that views around RSE related issues are varied. However, while personal views are respected, all RSE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect others who may have a different opinion. Both formal and informal RSE arising from pupils' questions are answered according to the age and maturity of the pupil(s) concerned and the limits of the year group topics. The school believes that individual teachers must use their skill and discretion in this area and refer to the Designated Safeguarding Lead if they are concerned or believe any pupil to be at risk.

#### **Ground Rules**

RSE is taught in a safe, non-judgmental environment where adults and children are confident that they will be respected. Specific ground rules will be established at the beginning of the RSE work, in addition to those already used in the classroom.

#### **Inclusion**

The RSE policy reflects and is in line with the schools' equal opportunities policy and the school ensures that the RSE teaching programme is an inclusive one and is appropriate and relevant to all pupils, including those with SEN and disabilities.

Teachers ensure that the content, approach and use of inclusive language reflect the diversity of the school community, and help all pupils feel valued and included, regardless of their gender, ability, disability, experiences and family background. RSE strives to meet the needs of all pupils regardless of their developing sexuality and

deals honestly and sensitively with sexual orientation, answers appropriate questions and offer support.

Homophobic and transphobic references and homophobic and transphobic actions and bullying are not tolerated at Lifton School and are challenged and dealt with as part of our commitment to promoting inclusion, gender equality and preventing bullying.

### **Confidentiality and Child Protection Issues**

As a general rule a child's confidentiality is maintained by the teacher or member of staff concerned. RSE discussions may prompt a pupil to disclose about related incidents; for example, FGM, Forced marriage, child exploitation or abuse. If the member of staff believes that the child is at risk or in danger or has concerns about any information disclosed, she/he talks to the named Designated Safeguarding Lead who takes action as laid down in the Child Protection Policy. All staff are familiar with the policy and know the identity of the member of staff with responsibility for Child Protection issues.

The child concerned will be informed that confidentiality is being breached and reasons why. The child will be supported by staff throughout the process.

### **How the Relationships and Sex Education Programme is Monitored, Evaluated and Assessed**

We ensure that all pupils have equal access to the RSE programme through a thorough process of monitoring, evaluation and assessment, which takes into consideration pupils' needs, maturity, age, ability and personal circumstances.

Class teachers assess pupils' understanding and progress through formative and summative processes. These include drawings, task outcomes, questioning, observation and evidence is in the whole class PSCHÉ scrapbooks in the form of photos, speech bubbles and posters.

At the end of the year each year group reviews the RSE programme they have implemented and pass on any comments to the RSE leader as part of her monitoring cycle. The RSE policy is reviewed on an annual or biannual basis taking into account the feedback from teaching staff, pupils and parents. Governors consider evaluations and recommendations before amending the policy. Governors remain ultimately responsible for the policy.

### **Professional Development for Staff**

Staff are kept informed of developments in key aspects of RSE, including links with safeguarding, inclusion, equality, child protection and antibullying, through regular training provided at staff meetings and INSET days.

### **Links to other policies and advice**

This RSE Policy is supported by, but not limited to:

PSCHE Policy  
Behaviour Policy  
Health and Safety Policy  
Safeguarding/Child Protection Policy  
School Visits Policy  
Confidentiality Policy  
Equality Policy  
Anti-bullying Policy  
Intimate Care Policy  
Relationship and Sex Education Guidance - DfE

**Review of this policy**

This policy is reviewed at least every 2 years and also in the light of any related issue that may occur such as any new findings arising from educational research, local or national guidance.