



# LIFTON PRIMARY SCHOOL

## Statement of Intent for Relationships and Sex Education.

### Intent:

At Lifton Primary School, we believe that Relationship and Sex Education (RSE) is an integral part of a child's education. RSE is about understanding the importance of family life, stable and loving relationships and respect for others, love and care. Providing children with this understanding is vital to help them develop positive relationships both in and out of school. Educating children about their bodies empowers them to understand the changes their body goes through as they grow and gives them confidence to be able to talk about their bodies.

We take care to ensure there is no stigmatism of any child based on their home circumstances and we do not use RSE as means of promoting any form of sexual orientation.

We clearly communicate the content of the RSE lessons to parents.

## Implementation:

At Lifton Primary School, we follow the Christopher Winters Project: Teaching RSE with Confidence in Primary Schools. This provides a clear progression of age-appropriate knowledge and skills from foundation through to year 6. Clear lesson plans and resources give the teachers confidence to address what we recognise can be a challenging area of the curriculum to deliver. The lessons are clearly mapped to follow the National Curriculum for science and DfE Statutory Guidance on Relationships Education, Relationship and Sex Education and Health Education.

The majority of RSE will be delivered through PSCHÉ and science lessons. Where mixed year group classes exist, teachers will ensure the classes will be split into year groups and taught separately for their RSE lessons.

The RSE curriculum covers the following areas (progressing from Reception up to year 6):

- Family and friendship
- *Growing and Caring for Ourselves*
- Differences
- Valuing differences and keeping safe
- Growing Up
- Puberty
- Puberty, relationships and reproduction

## **Impact:**

Children will be confident to talk about their bodies, using correct terminology. They will be confident to talk about the changes their bodies go through as they grow and have a clear idea about positive and healthy relationships (including online relationships). The progressive scheme gradually builds up children's knowledge and vocabulary, so that by the end of Year 6, children will have a clear understanding about the effects and purpose of puberty and reproduction (conception and pregnancy).

The majority of progress will be assessed through class based discussion. Some evidence of RSE will be recorded in PSICHE classbooks and the children's science books.