



LIFTON
COMMUNITY ACADEMY

Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Movements	Dance	Gymnastics ABC's	Multi Skills Football	Cricket Problem Solving	Athletics Tennis
Year 1	Multi Skills Fundamental Movements	Dance	Gymnastics Tag Rugby	Hockey Basketball	Athletics Cricket	Athletics Tennis
Year 2	Fundamental Movements Tag Rugby	Gymnastics Dance	Gymnastics Basketball	Netball Dodgeball	Athletics Tennis	Athletics Cricket
Year 3&4	Netball Multi Skills	Invasion Games Dance	Gymnastics Netball	Handball Tag Rugby	Athletics Tri Golf	Athletics Cricket
Year 5	Invasion Games Team building problem solving.	Dance Health and Fitness	Gymnastics Health and Fitness	Basketball Cricket	Swimming/ Athletics Tennis	Athletics / Swimming Softball
Year 6	Invasion Games Netball	Dance Health and Fitness	Gymnastics Health and Fitness	Badminton Hockey	Athletics Cricket	Athletics Softball