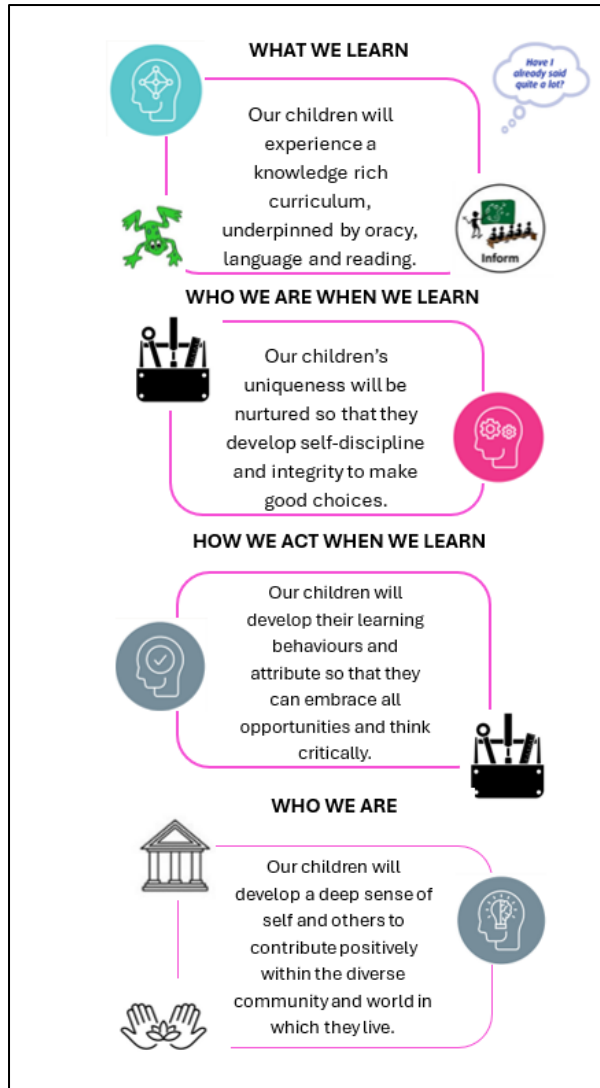


Lifton RHE Overview 2024-2025



Our curriculum has been deliberately designed to be ambitious and meet the needs of our children as well as the National Curriculum expectations. Subjects have been planned to immerse the children within their familiar local context before expanding their knowledge nationally and across the world.

Our curriculum design is rooted in developing our pupils as learners under **4 key principles**:

- Developing learners' learning
- Developing learners' character
- Developing learning behaviour
- Developing learners' moral compass

Curriculum intent for RHE:

As healthy, confident and resilient children of Modern Britain, our pupils will be supported to understand themselves and others, families, communities and the wider world. In doing this, children will be supported to develop a deep sense of self-worth, self-respect, self-awareness as well as self-discipline. We want our children to be equipped to both face and overcome challenges and develop the character that we know is fundamental to being successful, happy and productive members of society; that they can achieve goals and ambitions, that they have the skills and the resilience to recover from setbacks that may occur in life.



LIFTON
COMMUNITY ACADEMY

Substantive Knowledge Content

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Year 1 Year 2	Introduction: Lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Economic wellbeing Citizenship	Economic wellbeing Transition lesson
Year 3 & 4 Cycle A	Introduction: Lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing Transition lesson
Mixed cohort cycle B	Please see detailed breakdown of cycle B in the Kapow RHE planning.					
Year 5	Introduction: Lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition lesson: Roles and responsibilities
Year 6	Introduction: Lesson Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Identity Transition lesson: Dealing with change