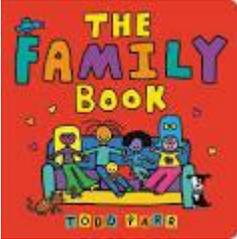
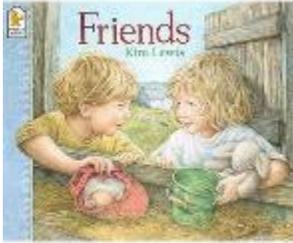


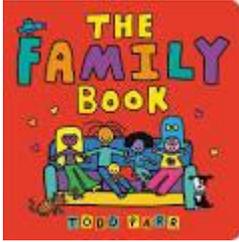
Whole School Curriculum Overview for RSE

We follow the Christopher Winters Programme for Relationship and Sex Education. This offers an age appropriate but comprehensive curriculum from reception through to year 6 and complements the science national curriculum. If parents wish to view a more detailed breakdown of any of the lessons they can do this by speaking to their child's class teacher or the RSE lead. Within the curriculum plan, we have included books that are recommended by Lifton teachers or through the Christopher Winters Programme.

Year	Overview of RSE provision	Links to science curriculum where relevant
Foundation	<p>Family and Friendship</p> <ul style="list-style-type: none"> • Caring friendships <ul style="list-style-type: none"> ○ <i>Know that friendships can make us feel happy</i> ○ <i>Know some ways that we can make new friends feel welcome</i> • Being Kind <ul style="list-style-type: none"> ○ <i>Know that arguing with friends and then making up can make friendships stronger</i> ○ <i>Know that resorting to violence is never right</i> • Families <ul style="list-style-type: none"> ○ <i>Identify different members of the family</i> ○ <i>Understand how members of a family can help each other</i> 	<p>Personal, social and emotional development rather than a specific science link.</p>

<p>Books to support teaching or for use at home</p>	<div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>The Family Book by Todd Parr by Kim Lewis</p> <p style="text-align: right;">Friends</p>	
<p>Year 1</p>	<p>Growing and Caring for Ourselves</p> <ul style="list-style-type: none"> • Different friends <ul style="list-style-type: none"> ○ <i>Know that we can be friends with people who are different to us</i> • Growing and changing <ul style="list-style-type: none"> ○ <i>Understand that babies need care and support</i> ○ <i>Know that older children can do more by themselves</i> • Families and Care <ul style="list-style-type: none"> ○ <i>Know that there are different types of families</i> ○ <i>Know which people we can ask for help</i> 	<p>Identify, name, draw and label the basic parts of the human body.</p>

Books to support teaching or for use at home



The Family Book by Todd Parr

Year 2

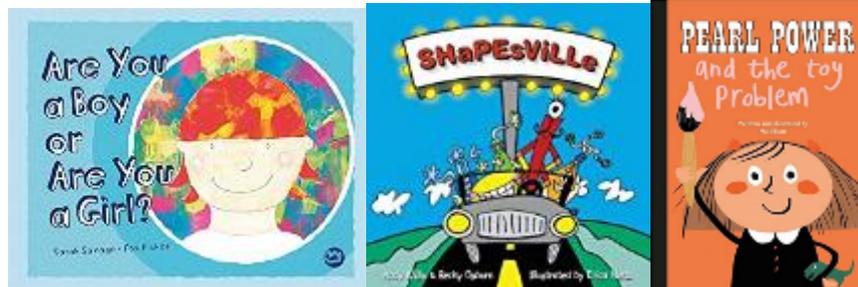
Differences

- Differences
 - *Understand that some people have fixed ideas about what boys and girls can do*
 - *Describe the difference between male and female babies*
- Male and Female Animals
 - *Describe some differences between male and female animals*
 - *Understand that making a new life needs a male and female animal*
- Naming Body Parts
 - *Describe the physical differences between males and females*
 - *Name the different body parts*

Notice that animals, including humans, have offspring that grow into adults.

Identify, name, draw and label the basic parts of the human body.

Books to support teaching or for use at home



Year 3

Valuing Difference and Keeping Safe

- Body differences
 - Know and respect the differences between ourselves and others
 - Name male and female body parts using agreed words
- Personal Space
 - Understand that each person's body belongs to them
 - Understand personal space and unwanted touch
- Help and Support
 - Understand that all families are different and have different family members
 - Identify who to go to for help and support

There are no specific objectives linked to Year 3 science but all Year 3 RSE links to the science objectives taught in Key Stage 1.

Books to support teaching or for use at home



Year 4

Growing Up

- Changes
 - *Understand that puberty is important stage in the human life cycle*
 - *Know some of the changes that happen during puberty*
- What is puberty?
 - *Know about the physical and emotional changes that happen during puberty*
 - *Understand that children change into adults to be able to reproduce if they choose to*
- Healthy Relationships
 - *Know that respect is important in all relationships including online*
 - *Explain how some friendships can make people feel unhappy or uncomfortable*

Describe the process of reproduction in some plants and animals

Describe the changes as humans develop to old age

<p>Books to support teaching or for use at home</p>		
<p>Year 5</p>	<p>Puberty</p> <ul style="list-style-type: none"> • Talking about puberty <ul style="list-style-type: none"> ○ Explain the main physical and emotional changes that happen during puberty ○ Ask questions about puberty with confidence • The Reproductive System <ul style="list-style-type: none"> ○ Understand how puberty affects the reproductive organs ○ Describe what happens during menstruation and sperm production • Help and Support <ul style="list-style-type: none"> ○ Explain how to keep clean during puberty ○ Explain how emotions/relationships change during puberty ○ Know how to get help and support during puberty 	<p>Describe the process of reproduction in some plants and animals</p> <p>Describe the changes as humans develop to old age</p>

<p>Books to support teaching or for use at home</p>		
<p>Year 6</p>	<p>Puberty, Relationships and Reproduction</p> <ul style="list-style-type: none"> • Puberty and Reproduction <ul style="list-style-type: none"> ○ <i>Describe how and why the body changes during puberty in preparation for reproduction</i> ○ <i>Talk about puberty and reproduction with confidence</i> • Communication in Relationships <ul style="list-style-type: none"> ○ <i>Explain differences between healthy and unhealthy relationships</i> ○ <i>Know that communication and permission seeking are important</i> • Families, Conception and Pregnancy <ul style="list-style-type: none"> ○ <i>Describe the decisions that have to be made before having children</i> ○ <i>Know some basic facts about conception and pregnancy</i> • Online Relationships 	<p>Describe the process of reproduction in some plants and animals</p> <p>Describe the changes as humans develop to old age</p> <p>Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents</p>

	<ul style="list-style-type: none"> ○ <i>To have considered when it is appropriate to share personal/private information in a relationship</i> ○ <i>To know how and where to get support if an online relationship goes wrong</i> 	
<p>Books to support teaching or for use at home</p>		