

AUTUMN/WINTER MENU

Week one

Weeks Commencing: 3/9, 23/9, 14/10, 11/11, 2/12

Pick a
MAIN

Pick a
**MEAT-FREE
MAIN**

Pick a
**JACKET
POTATO**

Pick a
DESSERT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Hot Pot with Peas	Beef Lasagne with Focaccia Bread and Salad Sticks	Roast Pork with Roast Potatoes, Seasonal Vegetables and Gravy	Beef Pie with Wedges, Broccoli and Sweetcorn	Breaded Fish or Salmon Fingers with Chips and Beans
MEAT-FREE MAIN	Margherita Pizza with Wedges and Peas	Vegetable Fajita with Vegetable Rice and Salad Sticks	Yorkshire Pudding Vegetable Cottage Pie with Roast Potatoes and Seasonal Vegetables	Macaroni Cheese with Focaccia Bread, Broccoli and Sweetcorn	Sweet Potato and Chickpea Cake with Chips and Beans
JACKET POTATO	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad
DESSERT	Raspberry Shortbread	Chocolate Brownie	Apple Crumble and Custard	Lemon Drizzle Cake	Ice Cream



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

**FRESH FRUIT
& YOGHURT
SERVED DAILY**



AUTUMN / WINTER MENU

Week two

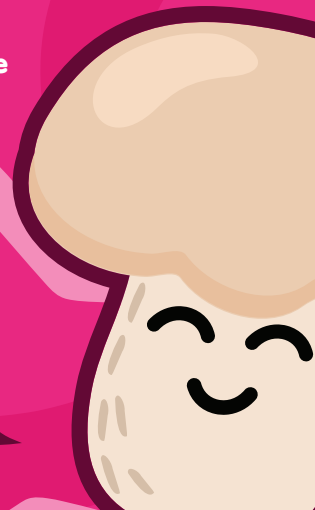
Weeks Commencing: 9/9, 30/9, 21/10, 18/11, 9/12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> MAIN	Chicken Katsu Curry with Naan Bread, Rice and Sweetcorn	Meatballs and Tomato Sauce with Pasta, Focaccia Bread and Salad Sticks	Roast Gammon with Roast Potatoes, Seasonal Vegetables and Gravy	British Brunch Sausage, Bacon, Hash Brown and Baked Beans	Fish Fingers with Chips and Peas
<i>Pick a</i> MEAT-FREE MAIN	Roasted Vegetable and Mozzarella Tart with Wedges and Beans	Mushroom Biryani with Sweetcorn	Broccoli and Cauliflower Gratin, with Roast Potatoes, Seasonal Vegetables and Gravy	Tomato and Vegetable Pasta Bake, Focaccia Bread and Salad Sticks	Vegetable Nuggets with Chips and Peas
<i>Pick a</i> JACKET POTATO	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad
<i>Pick a</i> DESSERT	Apple and Raspberry Cake	Fruit Platter	Sticky Toffee Pudding	Fruity Flapjack	Chocolate Cookie



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**FRESH FRUIT
& YOGHURT
SERVED DAILY**



AUTUMN / WINTER MENU

Week three

Weeks Commencing: 16/9, 7/10, 4/11, 25/11, 16/12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> MAIN	Pepperoni Pizza with Wedges and Sweetcorn	Hot Dog with Hash Brown and Beans	Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy	Beef Bolognese with Pasta, Garlic Bread and Peas	Chicken Bites with Chips and Salad Sticks
<i>Pick a</i> MEAT-FREE MAIN	Vegetarian Sausage with Wedges and Sweetcorn	Cauliflower and Butternut Curry with Plain Rice and Naan Bread	Leek and Potato Bake with Roast Potatoes, Seasonal Vegetables and Gravy	Vegetable Lasagne with Garlic Focaccia Bread and Peas	Vegetable Sausage Roll with Chips and Salad Sticks
<i>Pick a</i> JACKET POTATO	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad	Cheese, Beans or Tuna Mayo with Salad
<i>Pick a</i> DESSERT	Lemon Cookie	Fruit Platter	Jam and Coconut Sponge	Jelly and Fruit	Apple Muffin